CLAIMS

What is claimed is:

- A method of forming a semiconductor device, comprising:
 implanting, on a substrate, a dopant and at least one species; and
 annealing said substrate, said at least one species retarding a diffusion
 of said dopant during said annealing of said substrate.
 - 2. The method of claim 1, wherein a dosage of said at least one species exceeds a preamorphization threshold of said substrate.
- 3. The method of claim 1, wherein a dosage of said at least one species is atleast about 3 times the preamorphization threshold of said substrate.
 - 4. The method of claim 1, wherein a dosage of said at least one species is at least about 5 times the preamorphization threshold of said substrate.
 - 5. The method of claim 1, wherein a dosage of said at least one species is at least about 7 times the preamorphization threshold of said substrate.
- 6. The method of claim 1, wherein said at least one species damages a junction formed by the dopant.

- 7. The method of claim 6, wherein said junction has a thickness of no more than about 30 nm.
- 8. The method of claim 6, wherein said junction has a slope which is at least about 5 nm per decade of change in concentration of said dopant.
- 5 9. The method of claim 1, wherein said substrate comprises at least one of silicon, SiGe, strained Si and strained SiGe.
 - 10. The method of claim 1, wherein said at least one species comprises at least one of Xe, Ge, Si, Ar, Kr, Ne, He and N.
- 11. The method of claim 1, wherein said dopant comprises at least one of As,P, and Sb.
 - 12. The method of claim 1, wherein said dopant is implanted at a time which is one of prior to said implanting said species, and after said implanting said species.
 - 13. The method of claim 1, further comprising:
- forming a source and drain region in said substrate; and forming a metal silicide contact over said source and drain region.

- 14. The method of claim 13, wherein said source and drain region are formed at a time which is prior to said implanting of said dopant.
- 15. The method of claim 13, wherein said source and drain region are formed at a time which is after said implanting of said dopant.
- 16. The method of claim 14, wherein said dopant is implanted at a time which is one of prior to said implanting said species, and after said implanting said species.
- 17. The method of claim 15, wherein said dopant is implanted at a time which is one of prior to said implanting said species, and after said implanting said
 species.
 - 18. The method of claim 1, wherein said species is implanted at least about 10 to about 20 nm deeper than said dopant.
 - 19. The method of claim 1, wherein said species has an implantation energy sufficient to create a region surrounding at least a portion of an extension region in said substrate.
 - 20. The method of claim 1, wherein said species has a first implantation energy sufficient to create a region surrounding at least a portion of an

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extension region in said substrate, and a second implantation energy sufficient to create a region surrounding at least a portion of a source/drain region in said substrate.

- 21. The method of claim 1, wherein said species has an implantation energy sufficient to create a region surrounding at least a portion of an extension region and at least a portion of a source/drain region in said substrate.
 - 22. The method of claim 1, wherein said annealing said substrate is performed after said implanting said dopant and said implanting said species.
- 23. The method of claim 1, wherein said implanting said dopant is performed

 10 after said implanting said at least one species, said method further comprising:

 annealing said substrate after said implanting said species and before said implanting said dopant.
 - 24. A method of forming a shallow and abrupt junction in semiconductor substrate, comprising:
- implanting a dopant on a substrate;

implanting at least one species in a vicinity of said dopant in a dosage which far exceeds a preamorphization threshold of said substrate; and

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annealing said substrate, said at least one species retarding a diffusion of said dopant during said annealing of said substrate, such that a shallow and abrupt junction is formed.

25. A semiconductor device, comprising:

a semiconductor substrate;

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a dopant formed in said substrate, to define a junction; and a species formed in a vicinity of said junction and in a concentration which far exceeds a preamorphization threshold of said substrate.

26. The device of claim 25, further comprising:

a source region and a drain region formed adjacent said dopant and said species;

a channel formed between said source and drain regions;

- a gate formed over said channel; and
- a contact formed over said source and drain regions.
- 27. The device of claim 26, wherein a region of said species surrounds at least a portion of said junction.
 - 28. The device of claim 26, wherein a region of said species surrounds at least a portion of said junction, and at least a portion of said source and drain regions.

- 29. The device of claim 25, wherein said junction has a thickness of no more than about 30 nm, and a slope which is at least about 5 nm per decade of change in concentration of dopant.
- 30. The device of claim 25, wherein said substrate comprises one of silicon, SiGe, and strained Si.
 - 31. The device of claim 30, wherein said SiGe comprises one of relaxed SiGe and strained SiGe.
 - 32. The device of claim 31, wherein said strained SiGe comprises SiGe under one of a compressive strain and a tensile strain.

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